

<b>Formulation</b>	<b>Max Health</b>	<b>Ocuvite Eye + Multi 1-Month supply \$17.99</b>
Vitamin A	5,000 IU	1,000 IU
Vitamin C	500 mg	150 mg
Vitamin D	1,000 IU (as D3)	400 IU
Vitamin E	400 IU (as d-alpha Tocopheryl Acetate)	50 IU
Vitamin K	Present in Chlorophyll	30 mcg
Thiamin (B1)	30 mg (as Mononitrate)	1.5 mg
Riboflavin (B2)	30 mg	1.7 mg
Niacin (B3)	40 mg	20 mg
Vitamin B6	30 mg (as Pyridoxine HCL)	2 mg
Vitamin B12	100 mcg (as Cyanocobalamin)	6 mcg
Bilberry 45% Extract	200 mg (as Anthocyanoside)	0
Biotin	300 mcg (Pure)	30 mcg
Calcium	100 mg (as Calcium Carbonate)	200 mg
Chlorophyll	100 mg	0
Chromium	200 mcg (as Chromium Picolinate)	120 mcg
Citrus Bioflavonoids 25%	40 mg	0
Copper	2 mg (as Copper Sulfate)	2 mg
Folic Acid	800 mcg	400 mcg
Ginkgo Biloba Extract (24%/6%)	120 mg	0
Grape Seed (95% Extract)	50 mg	0
Iodine	150 mcg (as Potassium Iodide)	150 mcg
Iron	4 mg (as Ferrous Fumarate)	0
Korean Ginseng (25% Extract)	200 mg	0
L Glutathione	25 mg	0
Lutein	10 mg	10 mg
Lycopene	30 mg	300 mcg
Magnesium	300 mg (as Magnesium Oxide)	100 mg
Manganese	2 mg (as Manganese Sulfate)	2 mg
Molybdenum	75 mcg (as Sodium Molybdate)	75 mcg
N-Acetyl-Cysteine	50 mg	0
Pantothenic Acid	5 mg (as Calcium Pantothenate)	10 mg
Phosphorus	0	14 mg
Selenium	200 mcg (as Sodium Selenate)	70 mcg
Zeaxanthin	5 mg	2 mg
Zinc	30 mg (as Zinc Oxide)	23 mg